

Appetisers

Andalucian Olives [v]	£2.95
Artisan Bread with Olive Oil and Balsamic Vinegar [v]	£2.75
Garlic Pizza Bread [v]	£3.25
Garlic & Tomato Pizza Bread [v]	£3.45

Starters

Calamari Fritti	£4.95
Deep fried calamari served with lemon, rocket and aioli	
Soup du Jour [v]	£3.75
With fresh bread	
Grilled Goats Cheese [v]	£4.75
On toasted brioche with caramelised red onions and a sultana and mango chutney	
Bresaola	£5.45
Marinated and dried beef fillet served with rocket and parmesan shavings	
Gambas al Pil Pil	£5.95
Prawns sautéed with garlic, chilli & parsley served with tomato rubbed bread	
Fresh Asparagus [v]	£5.45
Warm asparagus served with Grana Padano shavings and olive oil	
Moules Marinière	£5.75
Fresh mussels steamed with a garlic, shallot, white wine and cream sauce	
Chicken & Grapefruit Salad [n]	£4.75
Marinated chicken with grapefruit and pistachio nuts	
Oak Smoked Salmon and Clementines	£5.95
Served with a cress salad and a clementine dressing	
Chicken Liver & Rosemary Paté	£4.95
Served with toasted ciabatta & redcurrant chutney	
Grilled Sardines	£4.95
Marinated and grilled sardines served with a baby leaf salad and lemon	
Insalata Caprese [v] [n]	£4.45
Buffalo mozzarella, beef tomatoes, and basil leaves with pesto and olive oil	

Sharing Boards

Greek Mezze – for two to share	£8.95
Pitta bread, tzatziki, hummus, olives, taramasalata, chargrilled haloumi and Greek salad	
Spanish – for two to share	£8.95
Pan fried chorizo in red wine, Serrano ham, deep fried calamari, roasted garlic aioli, Andalucian olives and manchego shavings	
Italian – for two to share	£8.95
Prosciutto crudo, Milano salami, buffalo mozzarella and cantaloupe melon	

Salads

Greek Salad [v]	£7.95
Feta cheese, tomatoes, black olives, cucumber, romaine lettuce and red onion, drizzled with olive oil	
Seared Tuna & Fennel Salad	£9.95
Chargrilled fresh tuna with fennel, romaine lettuce, chicory and finished with a lemon dressing	

Pizza

Margherita [v]	£6.75
Tomato, mozzarella and oregano	
Ruſtica [v]	£8.25
Roasted vegetables, tomato and goats cheese	
Quattro Stagioni	£8.95
Italian ham, mushrooms, mozzarella, olives and artichokes	
Pepperoni Piccante	£9.25
Pepperoni, mozzarella and fresh chillies	
Pollo Peſto [n]	£9.45
Chicken, roast peppers, red onions, pesto and mozzarella	
Quattro Formaggi	£8.75
Mozzarella, dolcelatte, Grana Padano and goats cheese	

Main Courses

Chicken Schnitzel	£8.95
Chicken breast coated in breadcrumbs and herbs served with fennel coleslaw	
Prawn and Chilli Linguine	£9.45
Prawns marinated in chilli and garlic served with linguine pasta and finished with rocket	
Greek Moussaka	£8.95
Lightly spiced lamb, tomatoes and aubergines topped with cheese sauce and parmesan	
Moroccan Lamb Tajine	£10.45
Slow cooked, spiced lamb and moroccan vegetables served with spiced cous cous and a green pepper salsa	
Sweetcorn Frittatas [v]	£8.45
Served with an avocado, tomato and chilli salsa	
Andalucian Pork Fillet	£10.95
Pork fillet wrapped in parma ham and served with an apricot and sherry sauce	
Breaded Lamb Cutlets	£9.95
Pan fried breaded lamb cutlets served with a coriander and yoghurt dip	
Basil, Peſto and Tomato Linguine [v] [n]	£7.95
Fresh basil and cherry tomatoes tossed in a pesto cream sauce served over linguine	
Salmon Fishcakes	£8.95
Poached salmon and herb fishcakes served with French fries, lemon mayonnaise and rocket	
Steak Frites	
28 day aged 8oz Sirloin steak with French fries	£13.95
28 day aged 10oz Rib-eye steak with French fries (peppercorn, roasted shallot or dolcelatte sauce £1.25)	£15.95
Pan Fried Sea Bass	£12.45
Pan fried sea bass fillets served with artichokes and roasted cherry tomatoes	
Chicken Cacciatore	£8.95
Roasted chicken breast with a red pepper, mushroom, onion & tomato sauce	
Bouillabaise	£10.95
Classic Mediterranean fish stew made with calamari, mussels, red mullet and monkfish	

Main Courses

Whole Grilled Plaice	£11.95
Fresh whole grilled plaice served with a caper and herb butter	
Tuscan Meatballs [n]	£8.45
In a rustic tomato sauce served with pappardelle pasta and parmesan shavings	
Mushroom Risotto [v]	£7.95
With rosemary, spinach and parmesan shavings	
Moroccan Vegetable Tajine [v] [n]	£7.95
Spiced vegetable casserole served with cous cous, tzatziki and a pistachio crumb	

Sides

Courgette Fritti	£3.25
Mange Tout	£2.95
House Salad	£2.95
Buttered New Potatoes	£2.75
Rocket and Parmesan Salad	£2.95
Tomato and Onion Salad	£2.95
Greek Salad	£3.25
Fennel Coleslaw	£2.95
French Fries	£2.75

Desserts

A selection of desserts is available from £3.95

Monday Special

2 courses & bottle of house wine each
£17.50 per person

[v] = suitable for vegetarians

[n] = contains nuts

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items.

Please inform our staff of any special dietary requirements.