



mediterranean
restaurant & bar



APPETISERS

Nocellara & Kalamata Olives (v) £3.25

Garlic Pizza Bread / with Mozzarella (v) £3.95 / £4.95

Pitta Breads with Hummus,
Tzatziki & Tomato Salsa (v) £3.95

Chorizo with Honey £3.75

Tomato & Garlic Pizza Bread (v) £4.25

Rustic Breads with Extra Virgin
Olive Oil & Balsamic Vinegar (v) £3.75

SHARING BOARDS

Greek Meze £13.95

Chicken souvlaki, pan fried halloumi, breaded stuffed vine leaves, bulgur wheat & quinoa superfood salad, pitta breads with hummus, tzatziki & mixed olives

Tapas Plate £14.95

Gambas gabardina, chorizo croquettes & paprika floured calamari with aioli, cured Spanish meats, Manchego cheese & mixed olives

STARTERS

Soup du Jour (v) £4.95

Soup of the day served with fresh bread

Grilled Goat's Cheese (v) £6.45

On toasted brioche with aged balsamic vinegar, caramelised red onions & beetroot chutney

Gambas al Pil Pil £7.95

King prawns, pan fried with garlic & quindilla chillies, served with toasted sun-dried tomato bread

Lamb Köfte (n) £5.95

Spiced lamb köfte with tzatziki, rainbow slaw & hazelnut dukkah

Air Dried Duck & Orange Salad £6.95

On rocket leaves, beetroot wedges & pomegranate seeds with plum & soy dressing

Calamari Fritti £6.95

Paprika floured squid rings, deep fried & served with aioli & fresh lemon

Chicken Liver & Rosemary Pâté £5.95

Topped with clarified butter & pink peppercorns, served with toasted bread & chilli tomato marmalade

Salmon & Dill Fishcake £6.75

With soft poached egg, lemon & chive hollandaise & mixed leaves

Chorizo, Black Pudding & Torn Mozzarella (n) £5.95

On rocket leaves with toasted walnuts & honey mustard dressing

Breaded Camembert (v) £6.25

Camembert wedges served with mixed leaves & cranberry compote

PASTA & RISOTTO

King Prawn & Chilli Linguine £11.95

King prawns pan fried with garlic & red chilli, tossed with linguine & topped with fresh rocket

Spaghetti Carbonara £10.95

Spaghetti tossed with pan fried pancetta, cream & Grana Padano

Smoked Salmon Risotto £6.95 / £10.95

Arborio rice with smoked salmon, petits pois, dill, cream & Grana Padano

Minted Pea & Asparagus Risotto (v) £6.45 / £9.95

Arborio rice with minted pea purée, petits pois, asparagus, cream & chives

STONEBAKED PIZZA

Margherita (v) £8.45

Tomato & oregano, with mozzarella & basil

Chicken & Pesto (n) £9.95

With roasted red pepper, red onion & pesto

Goat's Cheese & Caramelised Red Onion (v) £9.65

With roasted Mediterranean vegetables & fresh rocket

Pepperoni Piccante £9.95

Topped with pepperoni & sliced red chillies

King Prawn & Chilli £10.95

Topped with prosciutto & fresh rocket

MAIN COURSES

Pan Roasted Chicken Suprême £16.45

Served on wilted spinach with wholegrain mustard cream sauce & new potatoes

Sea Bass Fillets £17.45

With roasted chorizo, cherry tomatoes, red onion, rocket & skin-on fries

Iberian Belly Pork £17.95

Slow roast & honey glazed on spinach, chorizo & black pudding, thyme red wine jus & parmentier potatoes

Spiced Chick Pea, Lemon & Coriander Cakes (v) £12.95

On bulgur wheat & quinoa superfood salad with tzatziki

Roasted Lamb Rump £18.95

With mustard herb crust served pink on minted pea purée with rosemary red wine jus & dauphinoise potatoes

Lemon Chicken Milanese £16.95

Flattened breaded lemon chicken, rocket, sun blushed tomato & Grana Padano with lemon caper dressing & skin-on fries

Andalucian Pork Fillet £17.45

Wrapped in prosciutto, pan roasted & served on spinach with apricot sherry cream sauce & dauphinoise potatoes

Roast Mediterranean Vegetable & Feta Tartlet (v) £12.95

Topped with rocket & served with warm arrabiata sauce

Pan Roasted Cod Loin £16.95

On roasted Mediterranean vegetables with Neapolitan sauce & new potatoes

Moroccan Lamb Tajine £16.95

Slow cooked spiced lamb, Moroccan vegetables, plain buttered couscous, tzatziki & coriander leaves

Greek Salad (v) or with Lemon Chicken £11.95 / £15.95

Cherry tomatoes, Kalamata olives, cucumber, red onion, peppers, oregano & feta with house vinaigrette

CHARGRILLED KEBABS

Mixed Piri-Piri Chicken, Chorizo, Moroccan Lamb & Chipotle Steak £18.95

Chipotle Steak £16.95

Piri-Piri Chicken £15.45

All skewered with red onion, courgette & mixed peppers on rainbow slaw with rocket, tzatziki, tomato salsa & tortillas

Halloumi with Lemon, Caper & Chilli Dressing (v) £14.95

Skewered with red onion, courgette & mixed peppers, served with rainbow slaw, superfood salad & tzatziki

STEAK FRITES

8oz Sirloin £18.95

10oz Ribeye £22.95

8oz Fillet £23.95

Chargrilled & served with confit vine plum tomato, rocket & skin-on fries (Sweet potato fries £1 supplement)

Add garlic butter, shallot or peppercorn sauce £1.50

SIDES

Skin-on Fries £2.95

Buttered New Potatoes £2.95

Gratin Dauphinoise £2.95

Parmentier Potatoes £2.95

Bulgur Wheat & Quinoa Superfood Salad £3.95

House Salad £3.95

Chantenay Carrots & Green Beans £3.25

Roast Mediterranean Vegetables £3.25

Tenderstem Broccoli £3.25

PRIX FIXE MENU

Monday – Friday until 7pm, Saturday until 6pm, Sunday from 5pm

2 courses £12.95 / 3 courses £15.95

STARTERS

Soup du Jour (v)

Calamari Fritti

Grilled Goat's Cheese (v)

Chicken Liver & Rosemary Pâté

MAIN COURSES

Chicken Suprême, Wholegrain Mustard Cream*

Chargrilled Rump Steak, Peppercorn Sauce*

Pan Roasted Cod Loin, Neapolitan Sauce*

Spiced Chick Pea, Lemon & Coriander Cakes*(v)

Salmon & Dill Fishcakes, French Fries & Rocket

DESSERTS

Classic Crème Brûlée

Sticky Toffee Pudding

Warm Chocolate Brownie (n)

Tiramisu

**served with seasonal vegetables & new potatoes or skin-on fries*



mediterranean
restaurant & bar

egorestaurants.co.uk

(v) = suitable for vegetarians (n) = contains nuts

Due to the presence of nuts in some products, there is a small possibility that nut traces may be found in any of our menu items. Please inform our staff of any special dietary requirements. For parties of 8 or more, a discretionary 10% service charge will be added to the bill, thank you.