



ego
mediterranean

£5 LUNCH RAPIDO

Sicily, Italy

REGIONE SICILIANA

£5 LUNCH RAPIDO

SALMON & DILL FISHCAKES

Poached salmon, potato & dill cakes with skin-on fries, lemon mayonnaise & rocket

LEMON CHICKEN MILANESE

Breaded lemon chicken, rocket, sun blushed tomato & Grana Padano with lemon caper chilli dressing & skin-on fries

STEAK FRITES

115g prime rump with garlic butter, grilled vine plum tomato, rocket & skin-on fries

GREEK CHICKEN WRAP

Spiced pan fried chicken with fattouche salad, tzatziki, rocket & skin-on fries

FALAFEL WRAP (ve) (n)

Falafel with fattouche salad, dukkha & hummus with rocket, tomato salsa & skin-on fries

MOROCCAN LAMB WRAP

Spiced lamb köfte with fattouche salad, tzatziki, rocket & skin-on fries

KING PRAWN & CHILLI LINGUINE

King prawns pan fried with garlic & red chilli, tossed with linguine & fresh rocket

SPAGHETTI CARBONARA

Spaghetti tossed with pan fried pancetta, cream & Grana Padano

WILD MUSHROOM RISOTTO (v)

Arborio rice with wild mushrooms, cream & chives

MARGHERITA PIZZA (v)

Tomato & oregano, topped with mozzarella & basil

PEPPERONI PICCANTE PIZZA

Tomato, oregano & mozzarella topped with pepperoni & sliced red chillies

GREEK SALAD (v)

Cherry tomatoes, Kalamata olives, cucumber, red onion, peppers, oregano, feta & house vinaigrette

ALL MAIN COURSES £5

MONDAY TO FRIDAY UNTIL 4PM

(v) vegetarian (ve) vegan (n) contains nuts